



## Participant information sheet

**Research title: “Testing the combination of mobile health interventions for smoking cessation services uptake and smoking cessation: a factorial randomised trial in Thailand”**

### Can text messages help improve the Thailand National Quitline service uptake and smoking cessation rates?

You are invited to participate in this trial through recruitment from the Thailand National Quitline. Please take your time to understand the following information. If you are unclear about any of the information below, please do not hesitate to ask the researcher using the contact information listed below.

#### Purpose of this research

This trial aims to investigate whether information sent via text messages influences your decision to quit smoking.

#### Do you have to take part?

Participating in this research should be on a voluntary basis only. If you decide to join the trial, you will be asked to provide consent via an online form. Please be informed that once you join the trial, you can withdraw at any time without any negative consequence regarding receiving services from the Thailand National Quitline. However, the responses that you have already provided will be used for the research unless you withdraw from this study within 48 hours. This is because the researcher will start to analyse the information that has been given and will no longer take your response out from the report.

#### What will your participation involve?

You will be asked to answer online questionnaires after you have provided consent. When you have completed the questionnaires, you will be receive text messages from us.

At the end of the first and sixth months, you will be asked to answer similar online questionnaires again. If you do not have an email address or prefer not to answer by email, a questionnaire will be sent to you via post with a prepaid return envelope. It should take around 20-30 minutes to complete the questionnaires.

At the end of the sixth month, you may be asked to come to a smoking cessation clinic to receive a free carbon monoxide test in order to confirm your smoking status. Once again, this is on a voluntary basis. Compensation will be provided for your time along with transportation.

<b>Project title</b>	<b>Document type</b>	<b>Version #</b>	<b>Date</b>
Testing the combination of mobile health interventions for smoking cessation services uptake and smoking cessation: a factorial randomised trial in Thailand	Participant information sheet - Quantitative	4	12/10/2016



### **How many people will be involved?**

We aim to recruit more than one thousand people to participate in this trial.

### **What are the possible benefits of taking part?**

There is no direct benefit from participating in this trial but we hope that you will gain more knowledge about the harm of smoking and the benefits of quitting smoking. Also, the information that you provide will help improve the Thailand National Quitline in the future.

### **What are the possible disadvantages of taking part?**

You may feel uncomfortable being a part of this trial. If so, you can withdraw by contacting Pritaporn Kingkaew without giving a reason. The questionnaires that we ask you to answer should take around 20-30 minutes of your time. You may feel uncomfortable answering some of the questions within the questionnaire. If so, please feel free to skip these or stop. If you are experiencing distress from being involved in this trial, the Mental Health hotline (1667) may be able to support you.

### **All responses will be confidential**

Your personal information, such as name and contact details, will not be linked with your answers. Your responses will be kept strictly confidential. Members of the research team and individuals from the University of Leeds will have access to your online survey responses only when they are permitted. For the use of this research in the future, other genuine researchers will be able to access to your anonymised responses or use your anonymised responses only if they agree to preserve the confidentiality of the information. Any personal information that could identify you will be removed before files are shared with other researchers.

### **How will your information be used?**

All information collected from this trial will be kept confidential. The data will be stored electronically in an anonymised form for 5 years and may be used for future relevant research. All publications from this trial will not contain your name or any information that can identify you.

<b><i>Project title</i></b>	<b><i>Document type</i></b>	<b><i>Version #</i></b>	<b><i>Date</i></b>
Testing the combination of mobile health interventions for smoking cessation services uptake and smoking cessation: a factorial randomised trial in Thailand	Participant information sheet - Quantitative	4	12/10/2016



**Who is organizing and funding this research?**

This is a part of PhD research project conducted by Pritaporn Kingkaew, a PhD candidate from University of Leeds, United Kingdom and a researcher from Health Intervention and Technology Assessment Program, Thailand. This PhD research project is supervised by Liz Glidewell and Rebecca Walwyn from the University of Leeds and Jeremy C. Wyatt from the University of Southampton, United Kingdom. This research is funded by Network coordinator for economic evaluation of health promotion interventions and Health Intervention and Technology Assessment Program.

**If you have any questions or concerns regarding the research project, please contact**

**Pritaporn Kingkaew**

***Researcher***

Health Intervention and Technology Assessment Program (HITAP)  
 6th Floor, 6th Building, Department of Health, Ministry of Public Health, Tiwanon road,  
 Muang, Nonthaburi, 11000, Thailand  
**Email:** pritamorn.k@hitap.net  
**Tel:** +66-89-164-3777

or ***PhD student***

Leeds Institute of Health Sciences (LIHS)  
 Room G.02, Charles Thackrah Building  
 101 Clarendon Road, Leeds, LS2 9LJ, United Kingdom  
**Email:** umpk@leeds.ac.uk  
**Tel:** +44-74-6621-5703

This study has been reviewed by the School of Medicine Research Ethics Committee, University of Leeds (MREC16-001) and the Institute for the Development of Human Research Protections, Thailand.

<b><i>Project title</i></b>	<b><i>Document type</i></b>	<b><i>Version #</i></b>	<b><i>Date</i></b>
Testing the combination of mobile health interventions for smoking cessation services uptake and smoking cessation: a factorial randomised trial in Thailand	Participant information sheet - Quantitative	4	12/10/2016